



2023 HAPPY SMACKAH 5K

12th Annual Fun Run & Walk at Lake McIntosh

Presenting the Annual Happy Smackah Fun Run in support of our St. Vrain Community

Participating in the Happy Smackah is a great way to support your community. Your participation ensures we'll provide as much assistance as possible for our Happy Smackah recipient.

Since 2011, Happy Smackah Events have had over 9,400 participants and raised over \$290,000 to benefit members of our community!

Note that the Happy Smackah is an untimed Fun Run / Walk. The distance of the Happy Smackah is a unique 5.36k - so all participants will be able to run their longest 5K of the year!



SATURDAY, MAY 13 @ 8AM

Race Day Check In & T-Shirt Pick-up:

7:00 - 7:45 AM at the shelter on the west end of Dawson Park, along Lakeshore Drive

Online Registration at www.happysmackah.com

Mail-in Registration Available (see form)

Parking:

Parking available at nearby Westview Middle School. Parking on streets in surrounding neighborhoods is limited. Please be courteous and don't block driveways. Please consider Car-Pooling, Biking, and Public Transportation.

Pets:

Sorry, no pets are allowed in the Happy Smackah 5K

ENTRY FORM - 5K FUN RUN - 2023

Name: _____

Address: _____

City: _____ State: _____

Zip: _____ Age: _____ Date of Birth: _____

Gender: _____ Phone: _____

School/Grade: _____

Email: _____

Age Group: ☐ Under Age 5 (\$1 Donation)

☐ Ages 6-12 (\$15 Donation)

☐ Ages 13-17 (\$25 Donation)

☐ Ages 18-54 (\$35 Donation)

☐ Over Age 55 (\$25 Donation)

T-Shirt: ☐ Youth X-Small ☐ Adult Small

☐ Youth Small ☐ Adult Medium

☐ Youth Medium ☐ Adult Large

☐ Youth Large ☐ Adult X-Large

☐ Adult 2X-Large

Sorry, no T-Shirt for the Under 5 division
Sorry, no T-Shirt if postmarked after May 1, 2023

Return This Registration Form to:

Happy Smackah
P.O. Box 217
Kremmling, Colorado 80459

Waiver - Please Read and indicate agreement by signing:

I understand that there are certain risks involved with participating in any recreational activity. I expressly understand that the Happy Smackah planning committee, nor any of its officers, agents, volunteers, or assistants shall be held responsible or made subject to any claims, including any claim for negligence, seeking to assess damages or liability for or arising from personal injury or property damage to myself or other person in whose behalf this form is submitted as a result of actual or proposed participation in the event. I am over 18 years of age OR the legal guardian of an incapacitated and/or mentally challenged person with legal standing to accept the terms of this liability waiver agreement. I, on behalf of myself and/or my child, hereby agree to HOLD THE HAPPY SMACKAH VOLUNTEERS, OFFICERS, AGENTS, AND ASSISTANTS HARMLESS ON ACCOUNT OF ANY SUCH CLAIM.

Participant Signature (Parent/Guardian if under 18)